

Community Health Resources

from Allegheny County Health Department's

Guide to Health Care Services for Underinsured or Uninsured

COVID-19 Testing Resources

Allegheny County Self-Checker for FREE testing - https://allegheny.curativeinc.com/welcome

Federally Qualified Health Centers or Sliding Fee Clinics

These types of clinics will see patients with or without health insurance. For people without health insurance or for those who have very high annual deductibles, services may be provided at a lower cost using a sliding scale based on income and household size. Always call ahead to make an appointment and to ask what documents are needed to apply for the sliding scale fee for services.



Locations marked with this symbol are offering free testing. Please call for more information. No walk ins.

Central & Eastern Neighborhoods

Primary Care Health Services <u>www.pchspitt.org</u>

Alma Illery Medical Center

www.pchspitt.org 7227 Hamilton Ave. Pittsburgh, PA 15208

412-244-4700

Braddock Family Health Center

> www.pchspitt.org 404 Braddock Ave. Braddock, PA 15104 412-351-6300

East End Family Health Center

www.pchspitt.org 117 E. Negley Ave. Pittsburgh, PA 15206 412-404-4000 Hazelwood Family Health Center

www.pchspitt.org

4918 Second Ave. Pittsburgh, PA 15207 **412-422-9520**

Hill House Health Center

www.pchspitt.org 1835 Centre Ave. Pittsburgh, PA 15219 412-261-0937

McKeesport Family Health Center

www.pchspitt.org

627 Lysle Boulevard McKeesport, PA 15132 **412-664-4112**

Wilkinsburg Family Health Center

www.pchspitt.org/healthcareservices/wilkinsburg 807 Wallace Ave., Suite 203 Wilkinsburg, PA 15221 412-247-5216 East Liberty Family Health Center http://www.elfhcc.com/

East Liberty Office

6023 Harvard St. First Floor Pittsburgh, PA 15206 **412-661-2802**

East Liberty Family
Health Center - Pediatric
http://www.elfhcc.com/

East Liberty Office

6023 Harvard St. Second Floor Pittsburgh, PA 15206 412-661-2802

Hill District Office http://www.elfhcc.com/

373 Burrows St. Pittsburgh PA 15213 412-661-2802 (temporarily closed)

Allegheny County Health Department

Lincoln-Lemington Office www.elfhcc.com/

7171 Churchland St. Pittsburgh, PA 15206 412-361-8284 (temporarily closed)

Squirrel Hill Health Center

www.squirrelhillhealthcenter.org/
Squirrel Hill office
4516 Browns Hill Road
Pittsburgh, PA 15217
412-422-7442

Metro Community Health Center

www.metrofamilypractice.org
1789 S. Braddock Ave. # 410
Pittsburgh, PA 15218
412-247-2310

Northern Neighborhoods

Northside Christian Health Center

www.nschc.org

Main Office/Clinic Northside 816 Middle St. Pittsburgh, PA 15212 412-321-4001

Northview Heights Health Center

525 Mount Pleasant Rd. Pittsburgh, PA 15214 **412-322-7500**

Southern Neighborhoods

Brentwood Office of Squirrel Hill Health Center

www.squirrelhillhealthcenter.org

103 Towne Square Way Brentwood. PA 15227 412-422-7442 Hilltop Community Health Center (affiliated with Sto Rox Family Health Center)

www.storoxfqhc.org

151 Ruth St.
Pittsburgh, PA 15211
412-431-3520

Cornerstone Care Community Health Center of Clairton

www.cormerstonecare.com

559 Miller Ave. Clairton, PA 15025 **412-226-5454**

Steel Valley Health Center

www.pchs.org

1800 West Street Suite 110 Homestead, PA 15120 **412-461-3863**

Western Neighborhoods

Sto-Rox Family Health Center

www.storoxfqhc.org

710 Thompson Ave.
McKees Rocks PA 15136
412-771-6462

West End Health Center - Primary Care Health Services

www.pchs.org



415 Neptune St.
Pittsburgh PA 15220
412-921-7200

Women's Health

Midwife Center of Pittsburgh

https://midwifecenter.org/

2825 Penn Ave. Pittsburgh, PA 1522 **412-321-6880**

With Women/Con Mujeres

https://midwifecenter.org/pages/conmujeres

> 2825 Penn Ave. Pittsburgh, PA 1522 **412-321-6880**

Adagio Health Turtle Creek

https://adagiohealth.org/

519 Penn Ave. Turtle Creek, PA 15145 **412-349-4156**

Planned Parenthood

https://www.plannedparenthood.org/

933 Liberty Avenue Pittsburgh, PA 15222 **412-562-1900**

Breast and Cervical Cancer Prevention and Treatment Program

This is a program for low-income women who need breast and cervical services. It can provide quality screening care and treatment to women who meet the eligibility criteria. For more information, call the Healthy Woman Program at **1-800-215-7494** or visit:

https://www.dhs.pa.gov/Services/Assistance/Breast-and-Cervical-Cancer-Prevention-and-Treatment.aspx

YWCA Breast Health Program

For help scheduling breast health exams, even if not insured, call 412-255-1604.

LGBTQ+ Health and Wellness

Persad Center

https://persadcenter.org/

5301 Butler Street Suite 100 Pittsburgh, PA 15201

412-441-9786

Transbuddy Pittsburgh

https://www.transbuddypgh.org/ transbuddypgh@gmail.com

412-944-4261

AHN Transgender Health

https://www.ahn.org/services/m edicine/center-for-inclusionhealth/transgender-healthcare?utm_source=persad&utm_m edium=hyperlink&utm_term=ahn &utm_content=resourcepage

412-359-4649

Survivor Support Services

Women's Center and Shelter of Pittsburgh

https://www.wcspittsburgh.org/

412-687-8005 - 24-hour Helpline

Pittsburgh Action Against Rape (PAAR)

https://paar.net

Pittsburgh Office 81 South 19th Street Pittsburgh, PA 15203

Mon Valley Office 501 Braddock Avenue Suite 109 Pittsburgh, PA 15104

1-866-363-7273 – 24-hour Helpline 412-431-5665 – office

Free Adult Clinics

Most of these clinics are staffed with volunteers. Services are provided at no cost for those who are completely uninsured. Some are walk-in only, while other require appointments. For the walk-in clinics, be sure to come early to register.

Birmingham Free Clinic-The Program for Health Care to the Underserved Populations

44 South 9th St
Pittsburgh, PA 15203
412-481-7900 ext. 281
412-692-4706 Mary Herbert, Clinical Outreach Coordinator
www.birminghamfreeclinic.wordpress.com

Services are solely for medically indigent (those without any health insurance). Patients with insurance, including Medical Assistance, will be referred to community health centers or evaluated on a case-by-case basis for services. No appointments needed for the Walk-in Clinic hours of operation, but staff can limit the number of patients accepted, depending on how busy the clinic is. Visits by appointment are available for returning patients. *Patients must be 18 or over and are advised to come as early as 45 minutes to 1 hour prior to registration times of the Walk-in clinic*.

Basic primary care, medication access, PAP testing, mammogram vouchers, oral and long-acting contraceptives, blood pressure and blood glucose screening, smoking cessation, physicals for jobs, housing, driver's licenses, etc. *Patients must bring necessary forms*. Specialized care including dermatology, pulmonology, cardiology, vision screenings, podiatry, occupational therapy, physical therapy, audiology, psychiatry, endocrinology, and



smoking cessation may be available. Pediatric care provided for children without health insurance the second Saturday of every month by SALUD Para Ninos of Children's Hospital of UPMC (call **412-692-6000 option 8** for more info). Prescriptions will NOT be written for ANY narcotics, nor will any be dispensed. No X-rays or blood work on site.

No drug screens/testing performed.

Hours: Monday 5 p.m., Wednesday 1 p.m., Saturday 9 a.m. Clients may not park in the Salvation Army Thrift Store parking lot. Clinic entrance is in the back of the Salvation Army Building, off Cabot Way. Patients are seen on a first come first serve basis.

Braddock Free Clinic

https://www.freeclinicofbraddock.org

415 6th Street Braddock, PA 15104 **412-723-2086**

Saturday – 9:30 am to 2 pm (last patient seen at 1:30 pm)

Walk-in clinic only for people without any form of insurance. Clients must be 18 or older. Care is provided by medical volunteers.

Catholic Charities Free Health Care Center

https://ccpgh.org

212 Ninth Street, floor 2 and 3 Pittsburgh, PA 15222 **412-456-6911**

https://freecarepgh.org/

This is not a walk-in clinic. Please call first to discuss eligibility and to make an appointment. Services are limited to uninsured and under-insured individuals 19 years-old and older.

Focus + Pittsburgh Free Clinic

https://www.freeclinics.com/det/focus-pittsburgh-free-health-center

2228 Centre Ave. Pittsburgh, PA 15219 **412-502-5024**

This is not a walk-in clinic. Adults only. Volunteers operate this free clinic, which is for people who are uninsured, do not qualify for Medicaid, and household income does not exceed 200% of the poverty level, based on Federal Poverty Guidelines. Appointments are necessary for medical services.

McKeesport 9th Street Clinic

https://tubcityonline.com/almanac/downloads/ninth_st_clinic_mckeesport.pdf

The Common Ground Building 410 Ninth Ave. McKeesport, PA 15132

412-664-4304

Thursdays 1 p.m. – 7 p.m.

Walk-in clinic. Patients with insurance may be referred to community health centers if necessary. Information about income may be requested to determine eligibility for certain assistance programs.

Sheep, Inc. Health Care Center - Monroeville

http://sheepincclinic.org/

4561 William Penn Highway Monroeville, PA 15146 **412-310-0062**

Thursdays 5:45 p.m. - 8:30 p.m. Dr. Robert Beasley, Medical Director

Sheep, Inc. Health Care Center - Turtle Creek

http://sheepincclinic.org/

Valley Chiropractic Center 305 McMasters Ave. Turtle Creek, PA 15145

412-664-4304

Only the first Saturday of the month from 3 pm to 5:30 pm

Walk-in clinic. Services are for those without insurance and who are not eligible for public or private insurance programs such as Medicare and Medicaid.

Free primary health care. No appointment needed. Staff may limit the number of patients accepted depending on how busy the clinic is. Chronic disease management, Blood pressure and blood glucose screenings, physical exams for jobs, driver's licenses, sports, etc.

Substance Use Disorder Services

Allegheny County Health Department Opioid Prevention Department Steps to Recovery Resource Guide

https://www.alleghenycounty.us/uploadedFiles/Allegheny Home/Health Department/Programs/Special Initiatives/Overdose Prevention/Opioids-Flow-of-Resources-Bro.pdf

The ACHD Opioid Prevention Department is pleased to provide residents a recovery guide that provides resources for residents who are beginning or continuing their recovery journey.

Allegheny County Health Department FREE Narcan distribution to county organizations www.tinyurl.com/achdnarcan

This is an online form that organizations can complete to receive FREE Narcan and onsite training.

PA Get Help Now <u>www.apps.ddap.pa.gov/gethelpnow</u> 1-800-662-4357

This 24/7 Hotline is staffed by trained professionals who will stay on the phone with the individual until treatment is located

SAMHSA Helpline Information https://www.samhsa.gov/find-help/national-helpline
1-800-662-4357 (HELP)

Allegheny County Department of Human Services - Bureau of Drug and Alcohol Services https://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides/Directory-of-Drug-and-Alcohol-Treatment-Service-Providers.aspx
412-350-3328

Individuals who are currently uninsured and seeking recovery support services are encouraged to contact Allegheny County DHS Bureau Drug and Alcohol Services to get connected to treatment providers in Allegheny County that receive funding for uninsured individuals to access treatment

Community Care Behavioral Health www.ccbh.com 1-800-553-7499

This agency can assist Medical Assistance recipients in getting connected to recovery support services in their insurance network.

Federally Qualified Health Center (FQHC) https://findahealthcenter.hrsa.gov/

Community members seeking recovery support services are encouraged to contact their local Federally Qualified Health Center to determine if they offer drug and/or alcohol services at their location, or if they are able to provide a referral to another agency that the community member can easily access. Most FQHC's work off of a sliding scale payment system where individuals seeking support pay for services based on their income level and ability to pay.

Overdose Free PA

https://www.overdosefreepa.pitt.edu/find-local-resources/find-naloxone/

This site offers individuals access to pharmacies with a standing order for Naloxone where community members can access this overdose prevention medication without a prescription. Some pharmacies will require that that individuals making a request must complete a free Naloxone training. The two approved programs in Pennsylvania include:

Get Naloxone Now

https://www.getnaloxonenow.org/#home

Act 139 Naloxone Training for First Responders

https://www.pavtn.net/act-139-training

Allegheny County Centers of Excellence in Opioid Specific Treatment

Gateway Rehabilitation Center https://www.gatewayrehab.org/

1-866-861-6280

(multiple campuses throughout Allegheny County)

Tadiso Incorporated http://www.tadiso.org/

1425 Beaver Avenue Pittsburgh, PA 15233 **412-906-6812**

Magee Women's Hospital UPMC Pregnancy Recovery Center

https://www.upmc.com/locations/hospitals/magee/services/perinatal-neonatal-substance-abuse-services/outpatient

412-641-1211



UPMC General Internal Medicine Center for Opioid Recovery https://www.upmc.com/services/internal-medicine/opioid-recovery

UPMC Montefiore Hospital 9th Floor, South Wing 200 Lothrop Street Pittsburgh, PA 15213 **412-737-7871**

Allegheny Health System
Addiction Medicine
https://www.ahn.org/services/medicine/center-for-inclusion-health/addiction-medicine

412-359-4644

UPMC Western Psychiatric Institute and Clinic (WPIC)
Addiction Medicine Services
https://www.upmc.com/Services/behavioral-health/addiction

412-692-2273

(multiple campuses throughout Allegheny County)

Dental Clinics

The clinics listed below have dental services at lower cost. Please call to make an appointment. Walk-ins are not generally accepted. Be aware that some clinics below may have waiting lists.

Allegheny County Health Department Pediatric Dental Services

https://www.alleghenycounty.us/Health-Department/Health-Services/Pediatric-Dentistry/Pediatric-Dentistry.aspx

Free of charge to all Allegheny County children **1-20 years of age** who cannot afford private dental care. Medical assistance is accepted. Services provided include cleaning of teeth, screening evaluations, fluoride treatments, x-rays, oral hygiene instruction, exams, fillings, sealants, extractions, and space maintainers.

Hill House Association

1835 Centre Avenue Pittsburgh, PA 15219 **412-392-4441**

UPMC South Pittsburgh

1630 Arlington Avenue Pittsburgh, PA 15210 **412-432-1620**

McKeesport - Wander Building

339 Fifth Avenue McKeesport, PA 15132 **412-664-8858**

Alma Illery Medical Center Dental- Primary Care Health Services, Inc.

https://pchspitt.org

7227 Hamilton Avenue Pittsburgh, PA 15208 **412-244-4700**

Catholic Charities Free Health Center - Dental Services

https://www.ccpgh.org/pages/services/services-free-health-care-center

212 Ninth Street, Suite 301 Pittsburgh, PA 15222 **412-456-6911**

Hill House Dental Services -Primary Care Health Services

http://pchspitt.org/healthcare-services/dental/

1835 Centre Avenue Pittsburgh, PA 15219 **412-697-4698**



Hosanna House Office - East Liberty Family Health Care Center -Dental Clinic

https://elfhcc.com/

807 Wallace Ave. Suite 201 Wilkinsburg, PA 15221

412-345-0400

Lincoln-Lemington Office of the East Liberty Family Health Care Center - Dental

https://elfhcc.com/

7171 Churchland Street Pittsburgh, PA 15206

412-345-0400

McKeesport Family Health Center Dental - Primary Care Health Services

https://metrocommunityhealthcenter.org/

627 Lyle Blvd.

McKeesport, PA 15132

412-664-4112

North Side Christian Health Center Dental

http://www.nschc.org/

816 Middle St. Pittsburgh, PA 15212

412-321-4001

Sto-Rox Family Health Center Dental Services

http://www.storoxfqhc.org/dental-care/

710 Thompson Avenue McKees Rocks, PA 15136

412-771-6460

West End - Manchester Family Dental Center

https://www.westendfamilydentalclinic.net/

441 S. Main St. Pittsburgh, PA 15233

412-922-5636

Wilkinsburg Dental Office

https://elfhcc.com/

807 Wallace Avenue Wilkinsburg, PA 15221

412-661-2802

University of Pittsburgh School of Dental Medicine Student Dental Clinic

http://www.dental.pitt.edu

3501 Terrace Street, Salk Hall

Pittsburgh, PA 15261

412-648-8616

Vision Resources

Eye Care America

https://www.aao.org/eyecare-america

1-877-887-6327

Participating doctors may provide eye exams and care for up to one year for eligible, low income candidates who are 65 and older.

New Eyes for the Needy

https://new-eyes.org/

1-073-376-4903

Eligible individuals may qualify for a new pair of prescription glasses if they meet certain income guidelines. Social service organizations must complete the application on behalf of the individual.

Mission Vision

<u>http://mission-vision.org/</u> Check their online calendar to see where their local vision clinics, which are organized through partnering groups, are being held. In these vision clinics, eyes are checked for medical issues and to screen for vision problems. Often custom prescription glasses are provided.

24 Hour Helplines or Web Apps

Allegheny Link

https://www.alleghenycounty.us/Human-Services/About/Contact/Link/Contact.aspx

One Smithfield Street 2nd Floor

Pittsburgh, PA 15222

Hours: 8:00 AM to 7:00 PM – Monday through Friday

Allegheny Link connects people in need to available resources to maintain their independence and quality of life.

The Allegheny Link assists:

- People with all disabilities
- Older adults to remain in the community
- People who are homeless or at risk of homelessness to reach the goals of stable housing
- People who are pregnant, or parents and caregivers of children to six years of age by referrals to home-visiting program.

PA 2-1-1

http://pa211sw.org/

Dial: **2-1-1**

United Way of Southwestern PA

P.O. Box 735

Pittsburgh, PA 15230

This is a 24—hour professionally staffed hotline sponsored by United Way that provides help, information, and referrals for all kinds of human services.

resolve Crisis Network

https://www.upmc.com/services/behavioral-health/resolve-crisis-services

1-888-7-YOU-CAN (1-888-796-8226)

333 North Braddock Avenue Pittsburgh, PA 15208

Callers are put in touch with mental health and addiction counselors to receive immediate confidential crisis counseling and emergency support and may be referred for ongoing help regardless of ability to pay. In addition, a mobile crisis team may be available to come to the site of the crisis.

Allies for Health + Wellbeing

https://www.transbuddypgh.org/

5913 Penn Avenue 2nd Floor Pittsburgh, PA 15206 info@alliespgh.org 1-888-204-8821

BigBurgh.com

https://www.bigburgh.com/

Pittsburgh's Safety Net Web-App

Humane Animal Rescue Petline

https://www.humaneanimalrescue.org/programs-services/pet-helpline-resources/pethelpline@HumaneAnimalRescue.org

412-345-0348

Ellie's Pet Pantry

https://www.humaneanimalrescue.org/programs-services/ellies-pet-pantry/412-359-4649

Allegheny County Health Department's Guide to Health Care Services for the Underinsured and Uninsured

For a more comprehensive listing of all kinds of health care resources including low cost prescription help, transportation, help with compulsive gambling tobacco cessation, and much more, go to: https://www.alleghenycounty.us/uploadedFiles/Allegheny Home/Health Department/Programs/Chronic Disease Prevention/Insuredlinked.pdf